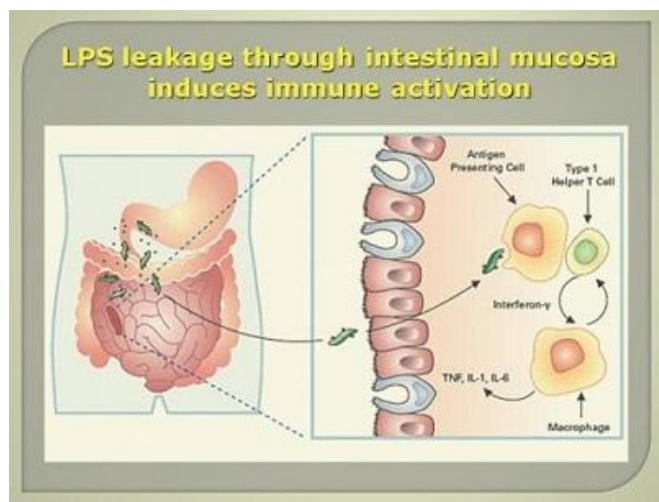


WHAT IS LEAKY GUT SYNDROME AND HOW CAN CELLULAR PSP HELP?



■ An interview with Best Health Today, manufacturer of CELLULAR PSP

INTERVIEWER: Today we are talking about Leaky Gut Syndrome. I have to say, I have never heard of this syndrome before; can you explain what exactly Leaky Gut Syndrome is?

HEALTH BEST TODAY: Leaky Gut Syndrome is now just being recognized, acknowledged, and studied by doctors. For a long while, doctors either didn't acknowledge that it existed or they just didn't know about it. Even as common sense as this will seem after we've talked about it, Leaky Gut issues have been overlooked or ignored and, in my opinion, it's really the root of many of the health issues facing us today.

As more and more patients are going in for treatment and teaching their doctors about it, science is now saying that there may be something to this syndrome. The same was true of chronic fatigue syndrome and fibromyalgia years ago, even *H. pylori* was ridiculed at first and now we know that it causes ulcers.

So simply put Leaky gut Syndrome is the result of permeability in the small intestine.

INTERVIEWER: Permeability in the small intestine? That doesn't sound good. But, I'm not really sure why it's bad – I just know it doesn't sound "right"!

HEALTH BEST TODAY: You are right – it's not a good thing! The small intestine is just one of the avenues that our food travels through during the digestion process. By the time it's in the small intestine, it's fermenting and turning into waste before it is excreted. As you can imagine, at this stage of digestion it's full of a lot of the toxins: outside toxins we come into contact with like heavy metals such as mercury, arsenic, or lead, and the toxins that are the result of purification, fermentation, and breakdown.

When the small intestine becomes permeable these literally leave the small intestine through the intestinal wall, and go into the body. It isn't just metals that leave, but also harmful bacteria; our internal defenses recognize these substances as pathogens and invaders which lead to a flare up in our immune system. This is

part of the reason that Leaky Gut Syndrome is linked to so many autoimmune-based dysfunctions and breakdowns!

On top of the leaking of these bad materials into the body, there also is another thing that is happening – we are losing our nutrients! When the intestinal wall is weakened, our ability to digest and give our body the fuel it needs is greatly diminished.

| Symptoms Of Leaky Gut | |
|---|------------------------------|
| Below you can find a list of symptoms associated with Leaky Gut Syndrome: | |
| Abdominal pain (chronic) | Poor memory |
| Insomnia | Recurrent bladder infections |
| Bloating | Recurrent vaginal infections |
| Excessive flatulence | Recurrent skin rashes |
| Anaphylactoid reactions | Brittle nails |
| Shortness of breath | Hair loss |
| Anxiety | Swollen lymph glands |
| Fevers of unknown origin | Food allergies |
| Gluten intolerance (celiac disease) | Constipation |
| Hemorrhoids | Diarhoea |
| Heartburn | Liver dysfunction |
| Malnutrition | Brain fatigue |
| Migraines | Abdominal spasms |
| Muscle cramps | Anal irritation |
| Multiple chemical sensitivities | Constant hunger pains |
| Muscle pain | Depleted appetite |
| Myofascial pain | Sluggishness |
| Mood swings | Depression |
| Poor exercise tolerance | Chronic fatigue |
| Poor immunity | |

INTERVIEWER: So what are the symptoms of leaky gut syndrome? It seems like it might be hard to identify!

HEALTH BEST TODAY: You're right -- it is extremely difficult to pinpoint one exact symptom from Leaky Gut because it causes such a wide range of problems that just snowball into worse and worse health conditions.

It starts with problems such as the nutritional loss, the increased bacteria in our body, or the heavy metal poisoning, and then from there it just continues to accumulate more problems as the body grows weaker on all fronts – one condition may get really bad and at the same time other systems begin to break down but maybe aren't as noticeable.

I've included a list of symptoms here but really it's more telling to look at the co-diseases in that list that go along with Leaky Gut.

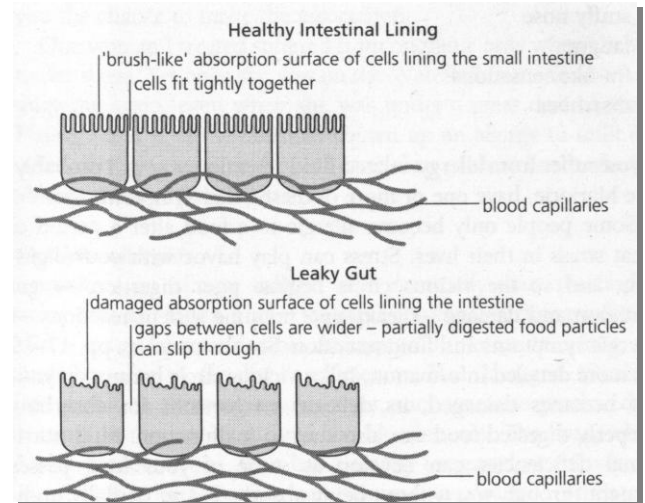
I'm also noticing that many of the almost epidemic like health problems we are seeing like Crohn's disease, food allergies, celiac disorders, irritable bowel syndrome (IBS), diarrhea, liver dysfunction, inflammatory bowel disease, ulcerative colitis... all of these conditions that were relatively rare just decades ago have exploded in the last years and in my opinion are probably linked to Leaky Gut Syndrome and manipulation of our food chain.

INTERVIEWER: That's so distressing! What can you do about this if you have a suspicion that Leaky Gut Syndrome is causing your health problems? Can you prevent it?

HEALTH BEST TODAY: First, the best thing that someone can do is to help their body fight off what is being leaked – the heavy metals, and the bacteria. In order to do this, the body needs to right fuel, and that fuel is CELLULAR PSP. CELLULAR PSP has over 120 anti-oxidants! Not only that, the specific nature of CELLULAR PSP makes it unique in its ability to make the body utilize its anti-oxidants, I will talk more on that later. As far as the heavy metals, and toxins that are leaked in our body, CELLULAR PSP is rich in glutathione. Glutathione is a powerful anti-oxidant, and is the body's best weapon against metal poisoning.

INTERVIEWER: Why is glutathione such a powerful defense?

HEALTH BEST TODAY: Glutathione circulates the blood stream binding itself to metals -- particularly arsenic, mercury, and lead. Once it binds to these metals, they are safely excreted by the body. The nature of glutathione is also what makes it so effective; it circulates not just in the blood, but the spaces in between cells. This means it can help detoxify us against metals that are throughout the whole body. This is especially important when it comes to the breakdown of the small intestine's lining!



INTERVIEWER: CELLULAR PSP is a new product and I'll bet not many people are familiar with it. Along with being a great source of glutathione, what else does it do?

HEALTH BEST TODAY: Along with glutathione, CELLULAR PSP also has 120 other antioxidants which are great for protecting our cells and repairing damage from environmental toxins and the natural results of metabolism. But before we leave glutathione, I want to share a few more bits of helpful information – even though glutathione is naturally produced in the body, did you know there is a connection to low glutathione levels and Leaky Gut?

When a person has Leaky Gut Syndrome, the body is producing glutathione to help get rid of the toxins that are being released as a line of defense. One of the elements of glutathione, glutamine, is also used by the body as a primary nutrient to strengthen our small intestine. It creates a vicious cycle and the body just keeps getting weaker and dirtier! The body is working hard, sending nutrients to help fight the toxins released by the leaks in the gut, but it's robbing the small intestine of its ability to be strong and impermeable. This is why CELLULAR PSP is so important, it helps kick start the body by giving it glutathione, so the body does not have to work so hard to produce so much, and it provides the added fortification for the small intestine so that it can heal, rebuild, and stay strong. Simultaneously, it helps the body detoxifying itself from the leaked metals and bacteria.

INTERVIEWER: I'm glad you didn't let me skip over that!! Glutathione is really important. I think we can all appreciate the importance of antioxidants to keep our cells healthy and avoid free radical damage but I don't think we stop to consider that the work our bodies have to do to protect us at the cellular can be overwhelming given our modern conditions of life.

HEALTH BEST TODAY: You know, I don't just make CELLULAR PSP; I take it too and my health has greatly improved – although I didn't have Leaky Gut Syndrome. For me, the nutrition in CELLULAR PSP has had a noticeable effect on my health. I have people call me and email me daily with their stories!

One friend of mine was always complaining to me about how he was tired. He'd get a full night's sleep, wake up, and not feel rested. Throughout the day he noticed himself struggling to stay awake. He complained quite a bit but to be honest, I didn't think much of it. Life is stressful these days and we all get tired from our daily lives

and work. But then he told me something that made alarms go off; he had been having digestive problems. He'd been going to the bathroom a lot during the day, and he was having more and more problems with food not agreeing with him. I put both these things together, and figured he might possibly have Leaky Gut Syndrome. I urged him to take CELLULAR PSP, and after a few weeks of taking CELLULAR PSP he started to notice his digestive problems go away. Then after that, his nightly rest began to actually replenish him. Now he's a changed man – calls me all the time about other things but I don't hear any more complaints about being tired or having GERD/acid reflux; his quality of life (and mine –lol) is greatly improved!

INTERVIEWER: You mentioned earlier that CELLULAR PSP has a specific nature that makes it unique, what exactly do you mean by this?

HEALTH BEST TODAY: Oh I'm glad you remembered that – it's really important. You know, the study of nutrition has been making great strides; more and more doctors are realizing that we need a pro-active approach to medicine, not just the reactive slice/dice and prescription meds mode of medicine. They know that the best way to be healthy is to make the body strong so their patients do not get sick in the first place; and for those who are sick, they need good nutrition so the body can heal itself.

In 2003 (not too long ago considering how long medical advances take) Massachusetts Institute of Technology (MIT) published an article about the 10 emerging technologies that will change the world. One of the top 10 technologies was *glycomics*, the study of sugars and their molecular structures.

This was really exciting news! Scientists are researching the importance of sugar, and the energy it provides to the body. CELLULAR PSP is created by taking rice that is grown in highly protected soil that is very alkaline and harvesting it at a specific age for full nutritional value. Next, CELLULAR PSP is broken down, so that the body can easily obtain the nutrients in it; this process is called *alpha-glycanology*. This breaks nutrients down into alpha-glucans which are MUCH smaller than other glucans, a good example would be like beta-glucans you hear mentioned when advertisers talk about the heart-healthy benefits of oatmeal. The alpha-glucans in CELLULAR PSP preserve and compact all the nutrition from the grain into a structure that is fully absorbed by the body – unlike most supplements we take these days, the body will be able to utilize 100 percent of the nutrition in CELLULAR PSP!

Now you can also see why CELLULAR PSP's small molecular nature is extremely beneficial to people with impaired digestion and Leaky Gut Syndrome – they may be eating great foods but the nutrition is just lost as waste because the digestive tract is not able to absorb it or in severe cases even turns that great food into a poison.

We've seen it over and over at our company in the stories from people who call us and email us – the easy-to-digest nature of CELLULAR PSP and being able to get 100 percent of the nutrition out of it can make the difference between a sick person recovering from their illness or not.

INTERVIEWER: Is there anything else you would like to say about CELLULAR PSP?

HEALTH BEST TODAY: You know, it's really important that people realize that CELLULAR PSP doesn't create side effects, can be taken with any medication –no confounding aspects to taking it, and it works for any type of person, young or old – and even animals too. It's because CELLULAR PSP is a food for your cells!

You mentioned preventing problems earlier in our interview and that is another valuable aspect of using CELLULAR PSP; it's not just for people with ailments, it's for anyone who wants to be healthy and well protected. Years ago, Linus Pauling, who won the Nobel Prize TWICE, said "By giving the body the right molecules--that means optimum nutrition-- most diseases would be eradicated." CELLULAR PSP is a product that can cure nothing, but can fix almost everything. When we provide our bodies with the resources and food they need, our bodies naturally want to come back to a healthy condition –CELLULAR PSP feeds your cells and your body with nutrition it can use...and then IT gets to work!

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

You know when it comes to health supplements in general, our industry is required to put a label on every product out there – even CELLULAR PSP. You can find it on 'Flintstones Kids' vitamins, Centrum, the best products in the industry all the way down to the bottle of good old vitamin C; the warning label states: "The statements represented here have not been evaluated by the Food and Drug Administration. This product is not intended to diagnosis, treat, cure, or prevent any disease." This "disclaimer" is required by law (DSHEA) when a manufacturer makes a structure/function claim on a supplement label.

In essence, ANYTHING that is not classified as a 'Medicine' will have this label. Only medications are evaluated by the FDA.

CELLULAR PSP is not a medication; it is a bio-engineered food. To say that 'this product is not intended to "diagnose, treat, cure or prevent any disease"' is because only a 'Drug' can legally make those claims. But in truth, the produce in your grocery store and the "cure" that's in your kitchen cabinets should have that label too.

What a mixed up system we have, but at least now you know there is a food for your cells that can help you repair, renew, and rejuvenate especially if you have a weak digestive system or Leaky Gut Syndrome...or any of the other cascade of health conditions that result from it.

CELLULAR PSP offers such an exciting enhancement for health and such a wonderful opportunity to help your body heal itself. I hope I've answered all your questions, but if not you can email me at:

INFO@HEALTHBESTTODAY.COM

Thank you for your time today!

INTERVIEWER: Thank you! I think we all learned so much and I know I'm grateful for what you've shared.

